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Meet The New Owners Of Oak Deli

Jon and Sandra Kasky Plan Few Changes

By Grace Darcy

Jon and Sandra Kasky recently became the new owners of the Oak Deli and Bakery in Carmel Valley Village. Former owner Colleen Wilson and family have returned to their home in the east.

Jon Kasky graduated with honors from the California Culinary Academy in San Francisco in 1981 and immediately began working for Almaden Vineyards as a full-time professional chef. His work at Almaden was both interesting and unique. He cultivated a small garden on the grounds of the winery's Cienega House, a private guest house built around the turn of the century and set in the heart of Almaden's vineyards near Hollister. Jon used his fresh herbs and vegetables in the preparation of dishes for Cienega House, and gained an enviable reputation for the artistic presentation, color, and form of his culinary creations.

When Heublein bought Almaden a short time ago, the hospitality part of Almaden's work — including Jon's position as wine chef — was discontinued.

Jon and Sandra came to Carmel Valley to look for property in the Tassajara area; however, their Realtor told them that Oak Deli and Bakery was for sale and, as Jon said, "We took a look and fell in love with it." Not only do they own Oak Deli, but they now live in Upper Circle, making them card-carrying Carmel Valleyites.

Owning and operating a delicatessen as versatile as Oak Deli is not easy. while this reporter chatted with Jon Kasky about his new venture, he was busily cutting peppers, tomatoes, and garlic for salsa. These and other vegetables, used in

Jon and Sandra Kasky

preparing the variety of tasty and nourishing foods for which Oak Deli is justly famous, were freshly picked from the Kasky's own garden. Jon works hard and loves to create special dishes, a talent he claims comes naturally.

"Both my parents worked, and if I wanted anything to eat after school — which I usually did — I learned to prepare it myself," he said.

Jon also is an artist, an accomplished calligrapher ("It helps when I want to make signs for the deli"), and a creator of new and exciting recipes. He cultivates

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New Traffic Policy Raises Tough Questions

By Dick Heuer

The Monterey County Planning Commission on October 14 will meet to consider and approve the "traffic trigger" that will determine how bad traffic must get on Carmel Valley Road before it triggers action to reconsider or stop development under the Carmel Valley Master Plan.

In the course of settling litigation on the Master Plan, Judge Richard Silver obtained from the county a commitment that certain actions to improve roads or stop development will be taken when the Level of Service (LOS) on segments of Carmel Valley Road falls to the next lower level.

The Planning Commission will now determine how to implement this commitment, and will amend the Master Plan accordingly. The second public hearing on this subject will be October 14. Time is tentatively set for 3 p.m.

Level of Service, commonly referred to as LOS, is the standard measure calculated by traffic engineers to describe the adequacy of traffic flow. It is based on many factors, including the average number of daily trips, peak hour traffic, and the width and configuration of the road as it affects visibility for passing, etc.

It is measured on a scale from LOS A to LOS F, with F being the lowest. The Monterey County General Plan sets a goal of maintaining traffic at LOS C or better.

The chart identifies nine segments of Carmel Valley Road plus a portion of Laureles Grade. For each road segment, it identifies the average number of daily trips (ADT) and the LOS as of early 1986. It also identifies the trigger level, which is the ADT that would cause the LOS to drop to the next lower level. And it shows the percentage by which traffic can increase before this trigger level is reached.

To implement this traffic trigger, county staff has proposed several amendments to the Carmel Valley Master Plan:

- Public Works should monitor average daily trips twice a year, in June and October, at twelve locations in Carmel Valley.
- Public Works and the Planning Department will jointly prepare an annual report, in December, to identify those road segments where traffic is approaching a lower Level of Service.
- Public hearings will be held in January following any report which shows 100 or less ADT remaining before the next lower Level of Service will be reached on any of the twelve road segments.

The following wording, also proposed as an amendment to the Master Plan, describes what action is to be taken, or not taken, *when the trigger is activated. This is the critical element of the proposal. It* is quoted in its entirety, as the wording could lead to alternative interpretations.

"With respect to those roads that are at LOS C or below, approval of discretionary development will be deferred if the approval would significantly impact roads in the Carmel Valley Master Plan area which

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Road Segment	Average Daily Traffic	Level of Service	% of Trigger Level	Permissible Increase
Hwy #1 to Carmel Rancho	17,400	E	22,000	26%
Carmel Rancho to Rio Rd.	19,000	A	40,000	111%
Rio Rd. to San Carlos Rd.	15,000	A	38,000	153%
San Carlos Rd. to Schulte Rd.	12,900	E	22,000	71%
Schulte Rd. to Robinson Canyon	11,000	D	11,000	0%
Robinson Canyon to Laureles Grade	8,900	D	11,000	24%
On Laureles Grade	4,400	D	7,600	73%
Laureles Grade to Ford Rd.	9,600	D	11,000	15%
Ford Rd. to Holman Rd	2,800	C	5,300	89%
Holman Rd. to Master Plan Boundary	1,900	C	2,700	42%

Chart shows traffic levels and permissible traffic increases under the Master Plan for nine segments of Carmel Valley Road and part of Laureles Grade. Trigger level means the traffic level which would require either road improvements or a halt in development. This is the amount of traffic that would cause Level of Service (LOS) to fall to the next lower category. Data is from the Keith Higgins Traffic Report, March 1986.

UCVAC Wants Moratorium on Lighting

In a letter dated September 21 and addressed to 5th District Supervisor Karin Strasser Kauffman, the Upper Carmel Valley Advisory Committee recommended that the Board of Supervisors pass an emergency moratorium on the installation of all lighting in the Village until the lighting guidelines now being formulated by the Village Advisory Board are in place.

The letter set forth the results of the recent community poll on lighting in the business area of the Village (published in the *Sun* on September 2) and UCVAC's belief that it should "have the authority to review all permits for Village lighting and make our recommendations before such permits are authorized."

The Upper Carmel Advisory Committee also drafted a list of proposed recommendations for inclusion in the Monterey County code covering outdoor lighting in the Village. The Committee's recommendations follow:

"(1) That all types of outdoor lights (previously installed or yet to be installed) within the designated boundaries of the Village come under the jurisdiction of the UCVAC.

"(2) Included in the category of types of lights would be walk/driveway, street, security illumination (sign/building/area), decorative, neon, or internally lit signs.

"(3a) That all types of lighting be prohibited except for the following...Down lighted walk, driveway, sign as well as approved existing standardized decorative wood street lights. Down lighted will be defined as hooded light fixtures with the hood surrounding the lamp on all sides except for one opening. That opening will be oriented to minimize lateral and upward lighting beam dispersion. Due to the height of the street lights, they would be allowed lateral beam dispersion. All street lights are to be at a consistent height. Maximum height of street lights shall be 12 feet.

"(3b) Maximum wattage to be 75w incandescent or equivalent luminescent.

"(4) That all previously installed outdoor lights that do not conform to the above requirements be brought into compliance within a year after county approval of the Village Master Plan.

"(5) That the UCVAC have the authority to notify all violators in writing of the newly approved outdoor lighting plan.

"(6) That a special liaison be assigned by the Planning Department to review all violations issued by the UCVAC and enforce compliance if justified.

"(7) We also recommend that an immediate lighting moratorium be enacted by the Board of Supervisors to stop the continued proliferation of nighttime light intrusion until such proposed guidelines are fully in place."

The members of the Upper Carmel Valley Advisory Committee are Jack Arnold, Ruth Pryer, Lucy Smithson, Mike Jones, and Jacqueline Marks.

LETTERS

False Labels Hurt

AIDS is considered by medical experts to be one of the most agonizing diseases to die from. While dying from AIDS would be bad enough, to be falsely labeled a homosexual would be intolerable.

Robert Bannon

Publisher Complimented

For many months, Mr. Heuer, I've wanted to write you to tell you how truly exciting it has been watching you transform the *Carmel Valley Sun* into a truly professional newspaper. You've kept everything that was fun about the paper and then you've added intelligent, balanced journalism.

What's equally rewarding is to see your ad space multiply because it says other people feel the same way about your improvements that I do.

In any case, my wife and I have had to leave our beautiful home in Carmel Valley for a few years and, to keep in touch until we return to it and the Valley, we will rely on the *Carmel Valley Sun.*

I am enclosing a check for $13.00, along with my best wishes for your continued success. You must be having an awful lot of fun because from every improvement you've made and from your editorial tone, this is obviously a labor of love.

Tom Livingston

False Accusations?

(letter addressed to Michael Bartram, Monterey County District Attorney) We have made many attempts to provide your office with information to indicate the we are not guilty of any crime but we have met only with deaf ears. It is our...feeling that we have been selected by County officials as the subject of malicious prosecution and religious discrimination.

We and our Church have been severely damaged by an inaccurate police report which your office released to the media. The report falsely asserted that we had duped a seventeen year old into an illegal marriage and that we had altered her birth date on the marriage certificate.

Our reputation in this county has been so damaged and our family has been subjected to such discomfort as a result of this persecution that we have placed our home on the market and we will be leaving Monterey County as soon as possible.

We are astounded by the number of people in Monterey County who seem to have decided on the basis of media reports that we are guilty of enticing a minor into an illegal marriage.

I am a former University of California Dean of Students and my wife and I serve as Directors for a local private school. Since the publicity over your charges have been released, the school has suggested to us that our resignations would be accepted.

In any case, I wish to inform you (and the People of Monterey County) of several potential criminal acts of which I have become aware as a result of the recent charges brought against us by your office.

Let me begin with the original charges against us. Mr. Ernest Maggini was quoted in a police report by your investigator, Paul Keene as saying that a seventeen year old female came to Maggini's office to ask if her confidential marriage which we performed was legal. "When her certificate was pulled they found her year of birth had been changed to make her eighteen."

My wife and I and Rev. Patt O'Brien met with Mr. Maggini last month and he voluntarily showed us (and provided us with an illegal copy of) the certificate in question. We observed that no changes had been made. In fact the age and year of birth coincided. Mr. Maggini informed us that he had never said any changes were made. This, he said, was an assertion of the District Attorney's office.

Obviously, someone is lying and whoever that is has committed the crime of making a false report of a crime in violation of Penal Code 148.5. Apparently that would be either your investigator, Paul Keene, or County Clerk Ernest Maggini. If the violator was Paul Keene, we have the additional crime of the malicious procuring of a search warrant in violation of Penal Code 170.

We are in possession of numerous Certificates of Confidential Marriage which were released by Mr. Maggini in violation of Civil Code 4213 which requires a Superior court order showing cause before the County Clerk may release copies of such certificates to persons other than the couple in question. This is a violation of Govt. Code 1222 and perhaps other Codes as well.

Further Mr. Maggini has caused at least two blank, signed and sealed Confidential Marriage Certificates to be issued in apparent violation of Govt. Code 6203. We are in possession of photocopies of these certificates.

It is our understanding that, in the past, Mr. Maggini's office routinely made available blank, signed and sealed Summons forms for the use of any attorney who needed them. I do not know what statutes may have been violated by this practice but I mentioned it for your comparison with the actions of which we have been accused. I am sure your investigators could identify any crimes that might have been involved.

Your investigator, Paul Keene, and your Deputy District Attorney, Carolyn Keeley, appear to have violated Govt. Code 6203 themselves when they signed a false certificate at their marriage in our Church on June 26, 1987. Keene and Keeley also appear to have committed bigamy, conspiracy and perjury when we married them. If the theories for these crimes are not obvious, we will be happy to provide them to you upon request. However, by way of assistance, let me draw your attention to People v. Backus 23 Cal. 3d 387.

We are researching several other potential violations by the same people we have mentioned here and we will provide you with further details as soon as they are available.

I trust you will prosecute these violations of law with the same vigor you have shown in attacking us.

Rev. T.H. Swenson

Guest Columnist

Public's Ability to Influence Land Use Decisions Is At Stake

By Mary Ann Matthews

Major changes are in store for the Monterey County Planning Department if the recommendations of the Kenan Report, formally titled, "A Study of the Land Use Permit Process in Monterey County," are adopted by the Board of Supervisors. Completed and released for public comment last month, the 225-page document will be the subject of three public hearings by the Supervisors on September 29, October 13, and November 3.

Thomas Kenan, retired former commanding general at Fort Ord and frequent consultant to the county, chaired a three-person team to study how the permit process could be improved.

Most of the 136 recommendations are designed to help the Planning Department operate more efficiently. They range from "improving the attitude of the staff toward the public" to complex restructuring of the department. Some of the proposals, however, appear to give development interests better access to the staff at the possible expense of the public interest. Citizens concerned about land use issues need to examine these proposals carefully.

In order to see how the permit process was working, the team interviewed 70 people from the development community, including an unknown number who asked to participate. A total of 26 were also interviewed in the "other" category, which appeared to include a random sample of the community. Under these circumstances, it is not surprising that pro-development views frequently are expressed in the document, and that several of the recommendations would change the process in ways that are likely to circumvent the public interest.

For example, the study recommends formation of a "Land Use Permit Process Review Committee" made up of county department heads and representatives of development interests. The purpose would be to identify problems in the permit process and recommend solutions. But the result would be to give developers special access to county staff, and members of the public would rightfully have the impression that they were being excluded from the process. One alternative that would avoid burdening busy department heads with additional meetings would be to have the citizens advisory committees funnel comments on the permit process to the departments in writing and to provide periodic review.

The goal of an expedited "one-stop permit process" is very desirable from the standpoint of the permit applicant; but from the viewpoint of a resident who wants to assure that his neighborhood will not be impacted by a new project, adequate time for the public to become involved is essential. Thorough consideration and mitigation of the effects on the public should be at least as important as speeding the permit through the process.

It is not surprising that citizens advisory committees receive some hard knocks in this report. After detailing how such committees slow down the process, the report recognizes that they are a "mechanism for public participation," and their elimination "would be looked upon with grave trepidation by those who have strong interest in land use matters."

The report recommends that advisory committees be limited to one for each of the Area Plan areas. In this case, a single committee would cover Carmel Valley, Carmel Highlands, Del Monte Forest, and unincorporated Carmel and Monterey -- a prospect that seems entirely unworkable.

One of the most controversial proposals is to allow developers to make their own arrangements with EIR consultants instead of having the county choose the consultant. The report even suggests that the developers could pay a premium price for expedited service! "Bias" would be avoided by warning consultants that any favoritism would be grounds for elimination from the list of approved consultants. In practice, bias is often very subtle, and banishment would be unworkable. What is likely to happen is the discrediting of the process in the eyes of the public.

Despite these and a few other controversial recommendations that apparently were promoted by development interests, the report contains many valuable suggestions for improving the effectiveness of the Planning Department and reducing the frustration and unnecessary delays that seem to be a part of every permit application. The challenge will be to separate the wheat from the chaff and assure that adopted changes will benefit the public interest as well as the private sector.

Copies of the report are available at local libraries along with a schedule for the three public hearings.

Carmel Valley Sun

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Movie at Library

John Huston's *Beat The Devil*, starring Humphrey Bogart, Gina Lollobrigida, Jennifer Jones, Peter Lorre, and Robert Morley, with a running time of 89 minutes, will be shown at Carmel Valley Library in Carmel Valley Village on Friday, October 2, at 7:30 p.m. sharp. Adults: $2.50, children: $1. For information, call 659-2377.

CV Woman's Club to Meet

The Carmel Valley Woman's Club will hold a luncheon and card party at Rancho Canada Golf Club, on Wednesday, October 7 at 11:30 a.m.

Attendees may make up their own tables or come alone. Come and join the fun.

For any further information call Shirley at 375-7967 or Lillian at 659-4905.

Hidden Valley Dance Classes Set

Hidden Valley Dance Center will offer ballet, dance exercise, and ballroom classes for adults this Fall.

Richard Gibson, the new director of The Dance Center, will be the instructor for both beginning and intermediate levels of ballet. Classes begin October 12 and will be held in both the Carmel Valley and Carmel studios.

Mollie O'Neal continues her dance exercise classes in the Hidden Valley Studio on Tuesday and Thursday mornings from 10 - 11:30. A babysitting service will be available, if enough people are interested. Beginning October 25, a five week course in ballroom dancing will be presented by Walter and Deborah White. Classes will be held in the theatre at Hidden Valley each Sunday from 5 — 6:30 p.m. Participation will be limited to the first twenty couples who register.

Pre-registration is required for all classes. For further information, please call 659-3115.

Volunteer Orientation For Hospice Begins

Phase I of volunteer orientation for Hospice of the Monterey Peninsula will be held on Tuesday, October 6, 7-10 p.m. at Casa Estrada, 450 Tyler St., Monterey. Phase II will take place from 10 a.m. to 3 p.m. on Saturday, October 10, at the Hospice inpatient facility on Carmel Valley Road.

Orientation helps determine level of interest in volunteering for Hospice, according to Laurette Toldi, volunteer director. An overview of Hospice is presented, including a description of Hospice patient care.

Once the level of interest is determined, volunteer training follows with sessions scheduled from October 17 through October 29. Participants are asked to attend five training sessions.

According to Ms. Toldi, the volunteer training program has three goals:

1. To help volunteers discover their potential as caregivers.
2. To teach volunteers the skills necessary to provide excellent human support to the patient and family.
3. To teach the volunteer how to work in a stressful environment without personal damage.

"We're seeking all types of volunteers, but especially those interested in patient care, either in the home or at the Hospice facility," says Ms. Toldi. "Volunteers for the Hospice Resource Center are also needed. We want to recruit lively, outgoing persons who have a sense of community outreach."

For more information about volunteer training, contact Laurette Toldi at the Hospice office, 625-0441.

New Babies

Cameron Scott, Jr., son, born to **Diane** and **Scott Green**, September 6.

Billy Colton, son, born to **Debbie** and **Steve Heron**, September 7.

Mason Michael, son, born to **Michael** and **Cindy Marks**, September 12.

Full House at CVPOA Picnic

Twenty-five Valley artists and artisans exhibited their creative talents to an appreciative audience at the 6th Annual Carmel Valley Property Owners picnic September 20. The capacity crowd of 180 also saw an exhibit of old photographs and newspaper articles prepared by the Carmel Valley History Society.

The picnic lunch was prepared by the Ridge Restaurant at Robles Del Rio Lodge.

There were no speeches this year, just a happy social occasion in an ideal setting.

Dick Nimmons, CVPOA president, made several announcements. Glen Chang and Peggy Hansen have been appointed to fill vacant positions on the CVPOA Board of Directors. CVPOA will hold a public forum for candidates for election to the Monterey Peninsula Water Management District. It will be October 27, at the All Saints Day School, at 7:30 p.m.

Nimmons also noted CVPOA actions regarding fire safety, the Monterra development, traffic on Carmel Valley Road, and the issue of trail bikes in Garland Park.

Exhibitors were: Robert Greenwood, wrought iron; Helena Greenwood, ceramics; William Schnute, wood sculpture; Hank Heintzberger, wrought iron; Jean Thomas, clay sculpture; Melanie DeDomenico, jewelry; Mark Andrew, wood carving; Jeanne Fosnot, painting and sculpture; Ovidiu Coatu, oil painting; Donatienne, jewelry; Jan Penney, beads and painted boxes; Rod Mills, sculpture; Thomas Livesey, wood sculpture.

Also Alex Weygers, sculpture and tools; Marion Weygers, painting; Pat Sorri, quilts; Michael Anderson, ceramics; June Sheppard, sculpture; Richard Nimmons, photography; Paula Langan, wood blocks; Barbara Smith, hand-painted sweat shirts; Virginia DeMaria, ceramics; Epo Gilbert and Joy Marshak, handpainted screens; and Wah Chang, bronze sculpture.

(L to R) Cathy McClosky, Sherrie McCullough, and Shirley Nimmons

Karin Strasser Kauffman Appointed to AMBAG Executive Committee

By unanimous vote at its Wednesday Board of Directors meeting, the Association of Monterey Bay Area Governments (AMBAG) appointed 5th District Supervisor Karin Strasser Kauffman to its Executive Committee.

Supervisor Strasser Kauffman joins AMBAG President Joe Cucchiara, Supervisor Santa Cruz County; Vice President Joe Russell, Del Rey Oaks Councilmember; and Supervisor D. Dan Forbus of Santa Cruz County on AMBAG's Executive Committee.

Currently the Chair of the Monterey Board of Supervisors, Supervisor Strasser Kauffman also represents the County as a Director on the Monterey Peninsula Water Management District and on the Monterey-Salinas Transit Board. She is also a Trustee of the Library Board.

Supervisor Strasser Kauffman was appointed to AMBAG's Board of Directors in January 1987.

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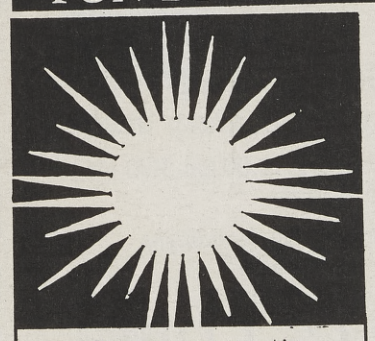

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THE CROSSROADS

SHERIFF'S LOG

THEFTS AND NEAR THEFTS

VALLEY VIEWS. Resident reports hood ornament on 1985 Cadillac stolen. No value given. 9/15/87.

CROSSROADS SAFEWAY. Levittown, Pennsylvania, man arrested for attempted vehicle burglary after being found in the back seat of a woman's car at Safeway. 9/17/87.

SADDLE RD. Ring valued at $4,500 taken from residence. 9/18/87.

JENSEN'S CAMP. Resident reports theft of VCR and stereo cassette by former houseguests. Value: $469. 9/18/87.

CARMEL HIGH SCHOOL. Los Arboles resident reports battery stolen from her car between 11 a.m. and 12 noon while it was parked behind the high school. 9/19/87.

EL CAMINITO. Resident reports house burglarized by forcing open the front door. Taken were VCR, watch, and some cash. No value given. 9/19/97.

VISTA VERDE. Resident reports theft of cash from home. Suspects friend. No value given. 9/23/87.

THINGS THAT GO BUMP IN THE NIGHT

WEST CARMEL VALLEY RD. Resident reports hearing what he thought were footsteps on his deck. 9/15/87.

ONE (OR MORE) TOO MANY

HIGHWAY 1 AT CARMEL VALLEY RD. Patrol observation of blue Dodge weaving on road. Stopped Monterey man. Arrested for driving under the influence and turned over to CHP. 9/16/87.

LOS LAURELES GRADE. Woman called in drunk and scared. (*So what happened?*) 9/16/87.

THE YOUNGER GENERATION

MERCURIO RD. Two juveniles cited for skateboarding in drainage ditch. 9/17/87.

CARMEL HIGH SCHOOL. A group of juveniles were harassing females from Watsonville High School at a Carmel High School game. A father became involved, and one of the juveniles were pushed. (*...And then what happened?*). 9/19/87.

MERCURIO RD. Contacted several juveniles skateboarding in violation of Monterey County ordinance. 9/20/87.

CARMEL HIGH SCHOOL. School official called to report a fight between two freshman boys. No harm, no foul. 9/23/87.

ON LOVING THY NEIGHBOR

CHAPARRAL RD. Resident reports vehicle parked above her driveway watching her house. Gone on arrival. 9/17/87.

HITCHCOCK CANYON. Resident reports dirt bikes on his private road. 9/18/87.

MIRAMONTE RD. Resident reports eggs broken *in* her mail box. 9/21/87.

POPPY RD. Resident reports receiving annoying phone calls. 9/22/87.

FOR BETTER...OR WORSE

ESQUILINE RD. Woman reports her soon-to-be-divorced husband is using cocaine in the city limits of Salinas. 9/15/87.

RIPPLING RIVER CENTER, CV VILLAGE. Resident reports that her soon-to-be-divorced husband is sending threatening letters to her from County Jail. When asked about the letters she had received, she already had thrown them away. 9/15/87.

MIDDLE CANYON RD. Resident reports her husband causing a disturbance. 9/19/87.

GOING TO THE DOGS

LITTLE EUROPEAN INN, CV VILLAGE. Woman reports disagreement with Ohio man over pets in room. Man agreed to leave dogs outside. 9/18/87.

LOS LAURELES GRADE. Resident reports barking dog at neighbor's house. 9/21/87.

SHOPLIFTING

CROSSROADS SAFEWAY. Loss Prevention Agent reports Carmel woman in custody for shoplifiting. Cited and released. 9/19/87.

CHECK AND DOUBLE CHECK

BLUE SKY LODGE, CARMEL VALLEY VILLAGE. Owner reports bill paid by woman using a stolen, forged check. 9/21/87.

LONG'S DRUGS. Employee reports having six bad checks from local woman. 9/23/87.

INFORMATION PLEASE!

HITCHCOCK CANYON. Resident reports he has information on narcotics traffic in canyon. 9/18/87.

MISSING PERSON

SADDLE WAY. Resident reports that her live-in boyfriend has been missing for the past four days. 9/23/87.

HANGIN' AROUND

CARMEL SPA, THE CROSSROADS. Employee reports "the Greek" loitering around Center. Subject located on Carmel River and arrested for outstanding warrant. 9/23/87.

FIENDS ON WHEELS?

CARMEL CENTER. Cachagua man reports two vehicles - a white 2 door sedan, possible a Ford Futura or Mercury, and an orange pickup with a white stripe, possibly a Ford with a handgun in the vehicle - driving recklessly. When caller confronted them, they chased him to Mid Valley and pointed a handgun at him. Monterey man reported the same two vehicles chased him from Schulte Rd. to Highway 1, trying to run him off road. On Highway 1, near Munras, two shots were fired from the pickup. Salinas woman reported the two vehicles driving recklessly on Highway 1 between Carmel Valley Rd. and Ocean Ave. (*No further details available at this writing.*) 9/16/87.

Jacks Peak Park Now Open Daily

Jacks Peak Regional Park is now open to the public eight hours per day, seven days a week. Operating hours are from 10:30 a.m. to 7:30 p.m.; however, these daylight hours will vary during the year as the days grow longer and shorter.

Current fees for Jacks Peak Park are $1 per car Monday through Thursday and $2 per car Friday, Saturday, Sunday and Holidays. Annual day-use passes are available at the Monterey County Parks Department Office in Salinas for $30; call 424-1971.

CV Artist Foresees New Art Trend

According to artist Joan-Marie of J-Z Designs, Unlimited, Carmel Valley, three dimensional art will be the newest, latest form to capture world-wide appeal and popularity in the next few years.

Joan-Marie believes in this idea so strongly, that she has created a new art form called "Paper Pop." Based on the folds of the ancient Japanese art of Origami, this medium uses a myriad of folds and hundreds of different paper products.

In four months, the artist has completed five works of "Paper Pop" hanging sculptures for viewing, and sees this new trend as an exciting, visionary alternative for collectors who are bored with 'flat' art.

For information, call 624-7137.

Learning About Your Psychological Type

"Learning About *Your* Psychological Type" is the title of an introductory workshop sponsored by the Monterey Peninsula Friends of C.G. Jung on Friday, October 2 at 7 p.m. at All Saints' Church, Carmel.

Participants will compare the results of three instruments purporting to measure personality typology. All are based on Jung's original concept of introverted and extraverted attitudes with four functional preferences: thinking, feeling, sensing, and intuition.

Discussion will focus on the specific manner in which questions in the tests are formulated, and how two of them tend to make arbitrary assumptions about categories of responses.

For further information, please call or write Joseph Pagano, 853 Pacific St., Monterey — 649-8809.

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Great Chili Cookoff A Day To Remember

About a thousand people, including Congressman Leon Panetta and 5th District Supervisor Karin Strasser Kauffman, flocked to Community Center Park on Saturday, September 19, to participate, actively or passively, in the Great Chili Cookoff. Wafting through the Village like a beckoning finger, the tantalizing smells brought chili lovers from near and far to taste and marvel again and again as each chili booth was visited.

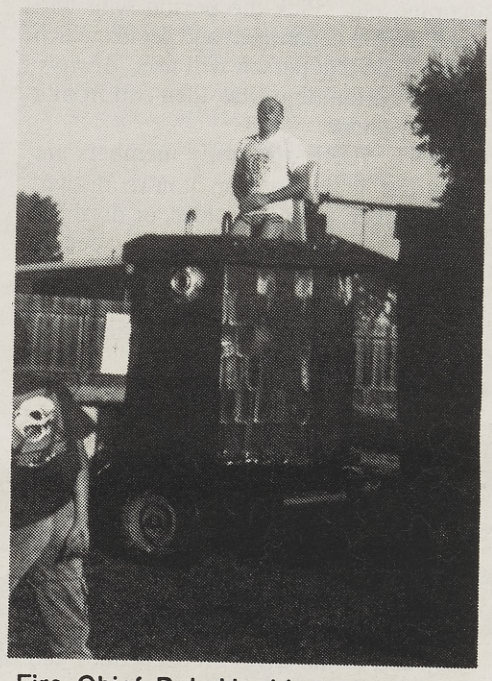
Winner of the grand prize of $500 was Chili Darters, a San Mateo group. Valley Typesetters (Debby Saxton and Liz Turner) won the $200 second prize, and Rancho Tularcitos (Mary Sassarini and Chuck Gulick) won the $100 third prize. Rancho Tularcitos also won the People's Choice Award.

Best Decorated Booth Awards went to Haunted Hollow, Black Beans & Bowl, and Chili TeePee.

Matt Sherman took first place in the Horseshoe Toss, and a number of brave souls were dunked as eagle-eyed tossers hit the mark and sent them splashing into the tub again and again.

Local merchants donated prizes. Plaza Linda Restaurant donated a lunch for two; College Restaurant did the same. Mel Thau donated a half a cord of firewood, and Carmel Valley Ranch donated golf for four. Carmel Bay Winery donated a case of wine, and the Iron Kettle donated brunch for two and lunch for two. Marvin Goldstein, D.C. donated a free chiropractic treatment, and Jack Arnold donated a one hour service call for plumbing/electrical work.

Chair of the event was Dan Saxton.



Fire Chief Bob Heald goes into the water after sharp-eyed ball tosser hit the Bull's Eye. Splash!

Village Plan Committee Will Meet October 6

The next public meeting of the Village Plan Committee is October 6, at 7 p.m. in the Activity House by the Community Center.

The committee is developing a mini-master plan for the Village. Items to be discussed at the October 6 meeting are architectural style, landscape standards, signs, road setback standards, and the interface between residential and commercial areas.

MIRA and Monterey Peninsula College present

"Life In The Universe: A Unique Event"

a free public lecture by Dr. Kai Woehler Naval Postgraduate School on Saturday, October 3 at 8 p.m., The Music Hall, Monterey Peninsula College

Carmel Valley Man Earns Doctorate

Jed Linde of Carmel Valley, a licensed Marriage, Family and Child Counselor, has received his doctorate in Psychology from Sierra University.

Dr. Linde, who has had a private practice in Carmel Valley for six years, specializes in personal development, adult therapy, substance abuse problems, and marital or relationship conflict.

His doctoral dissertation was on Personal Mythology, a study of life scripts and how they are developed and function at conscious and unconscious levels.

Dr. Linde sees clients by appointment only, and may be reached at 659-4954.

Art and Photography By Special People

Carmel Valley residents are invited to attend an exhibit of paintings and photography by handicapped individuals at Great Western Bank in Monterey, through October 22.

Handicapped individuals from Handicapped Activities Unlimited and from the community have done work in water color, oil, and acrylic. The photography exhibited is the outcome of two photography projects funded by Monterey County Cultural Council, Kiwanis Club of Monterey, Monterey Peninsula Community Thrift Shop, National Pro-Am Youth Fund, and the Polaroid Foundation.

Mentally, emotionally, and physically handicapped individuals received instruction from photographers Pat Ross, Carmel, and Flossie Stowell, Pacific Grove.

For information, call 375-0800.

Program for Cancer Patients and Families

"I Can Cope," a five-week educational program to help cancer patients and their families, will be presented from September 30 to October 28 by the Monterey-San Benito Unit of the American Cancer Society and Community Hospital of the Monterey Peninsula.

The sessions will meet from 5:30 to 7:30 p.m. on five consecutive Wednesdays at Community Hospital, and are offered without charge to the public.

"I Can Cope" is taught by health professionals including physicians, nurses, occupational therapists, dietitians, and social workers. It is intended to provide professional guidance and information on cancer treatment, daily health problems, nutrition, exercises, feelings and fears related to cancer, body image and sexuality, and available community resources.

To pre-register, contact the American Cancer Society at 372-4521.

Poetry Shell Annual Contest

Poets attention! *Poetry Shell* magazine's annual contest is now open to area residents only!

Deadline for submission is October 16, 1987. Write to Poetry Shell of Monterey Peninsula, 325 Palo Verde, Monterey, CA 93940, for details.

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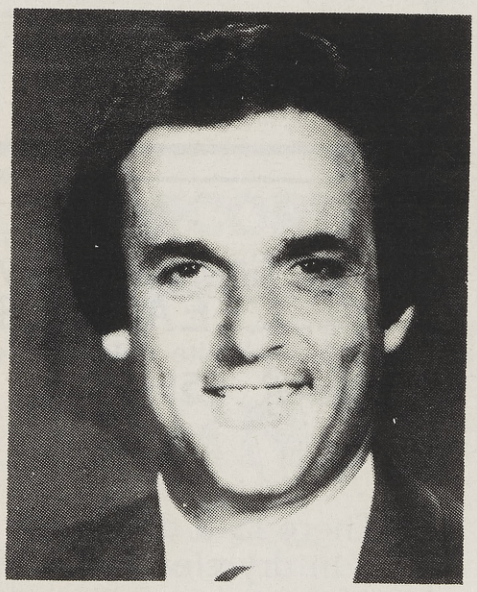

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Fire Prevention Week October 5-10

"Play It Safe...Plan Your Escape"

The Carmel Valley Fire Department will present its Fire Prevention Program at Tularcitos Elementary School during Fire Prevention Week, October 5-9. This year's theme, "Play It Safe...Plan Your Escape" focuses on home fire escape planning and preparedness. Other fire safety topics to be taught include Stop, Drop and Roll, How To Report and Place an Emergency Call, Fire — What Is It?, Fire Hazards in the Home, What Is A Smoke Alarm, and much more. A fire station tour and a ride on a fire truck will conclude the week's activities.

Fire Prevention Week presents an "opportunity to help young people become more aware of the potential fire hazards in and around their homes. It is also designed to help the child's parents understand that preparedness is vital in the event of fire. People often become confused when they discover a fire, and their home can become unfamiliar. This year's theme and related events focus on the fact that by taking the time to devise a home escape plan with two ways out of each room people will react more quickly in the event of a fire.

Minimizing fire hazards, such as eliminating trash pile up, fixing frayed electrical wires and cords, inspecting chimneys and fireplaces, and installing and maintaining smoke detectors on every level of your house, are vital steps in overall fire prevention plans.

There are two steps for a good evaluation program at home: planning and practice. Here are some simple steps in developing your own home fire escape plan.

- GATHER the entire family to develop a floor plan of your home. Each floor should be included. Identify all rooms, including doors, exists, windows, and hallways.
- PLAN AND DRAW your escape plan using arrows to indicate *TWO* ways out from each room. Sleeping areas are extra important since most fatal fires happen at night.
- PLAN where everyone will meet once they are out of the building. This could be a neighbor's yard, mailbox, nearby corner, etc. Pick the person who will call the fire department and decide which telephone that person will use. *Always* leave the building first, then call from a nearby phone.
- MAKE SURE *all* family members are familiar with the plan you've drawn. Remember, younger, older, or disabled family members may need special assistance and should be located as close to an exit as possible. Assign someone to help those who would be unable to escape by themselves.
- PRACTICE the plan. Walk through each room identifying each of the escape routes. Be especially clear to young children. Be sure to practice the entire plan, straight through to the designated meeting place.
- POINT OUT AND TEST smoke detectors so everyone knows the sound of an alarm. If you don't have detectors, buy and install them on each floor and outside each sleeping area.
- MEMORIZE the emergency phone number 911. This goes for all family members. Children should practice saying the number, the family name, street address and town into the phone.
- PRACTICE testing the door for fire. Since doors act as temporary barriers from smoke and fire, *be sure to close bedroom doors at night, when sleeping.* Feel the door, pretend it is warm or hot...you'll have to use your alternate escape route. Now, pretend it's cool. Teach everyone to brace her/his shoulder against the door and open it cautiously. Be ready to slam it if smoke or heat rushes in.
- CRAWL LOW IN SMOKE when escaping, since smoke rises in a fire. There's often clean, breathable air close to the floor. Practice this technique with the family.
- MAKE SURE children can operate windows, descend a ladder, or lower themselves to the ground. Practice this with them. Lower children to the ground before you exit from the window. They may be afraid and not follow if you go first.
- GET OUT FAST! AND *DON'T, UNDER ANY CIRCUMSTANCES, GO BACK IN A BURNING BUILDING.* Take a head count once you've reached the meeting place.
- KNOW WHAT TO DO if you can't escape through either of the identified exits. Stay in the room and close windows and doors. Stuff cracks near the door and vents with sheets, towels, clothing, etc. If possible, wet these materials. If there's a phone in the room, call the emergency number 911 with your exact location, even if fire fighters are already on the scene. Wave and signal to rescuers.

For more information on minimizing the chance of fires in your home, or on developing and practicing a home fire escape plan, contact the fire department at 26 Via Contenta or call 659-2021.

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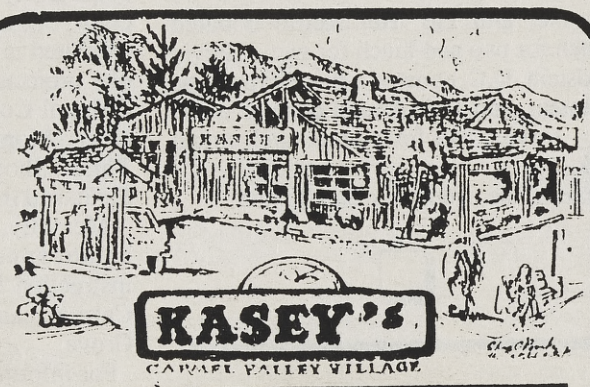

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Changes in Taste and Smell Affect enjoyment of Food

By Patricia A. Snow, Home Advisor U.C. Ag. Ext.

Have you ever heard older people complain, "This food just doesn't taste as good as it used to?" Younger family members might not pay much attention to such a complaint, but the older person is probably right.

We tend to take our senses of taste and smell for granted, but for many of us in later life these senses become less acute.

Our senses of taste and smell are largely responsible for the flavor of the foods we eat and the beverages we enjoy. They also help us to detect leaking gas, the smell of something burning, or food that has spoiled.

Although taste and smell seem to work together, each fulfills a special role. Taste enables us to determine the sweetness or sourness of a food as well as how salty or bitter it is.

Smell gives us the odors that play such an important part in determining the flavor of foods. As many as two-thirds of our taste sensations may be dependent upon our ability to smell foods.

Thus, a stronger taste or odor is required for some older people to be able to detect its presence. Not all people are affected this way. Of the ones who are, not all are affected to the same extent.

For people who have suffered a sensory loss, there are a number of ways to enhance enjoyment of odors and tastes. First there are spices and herbs (for example — garlic, pepper, peppermint, spearmint, cloves, onions and cinnamon). Or, we can use other flavorings, such as mustard and horseradish sauces.

Enhanced flavor results in more enjoyment of food and in increased dietary variety and intake, all of which contribute to better nutritional status.

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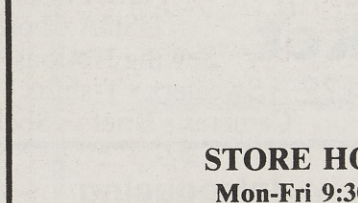

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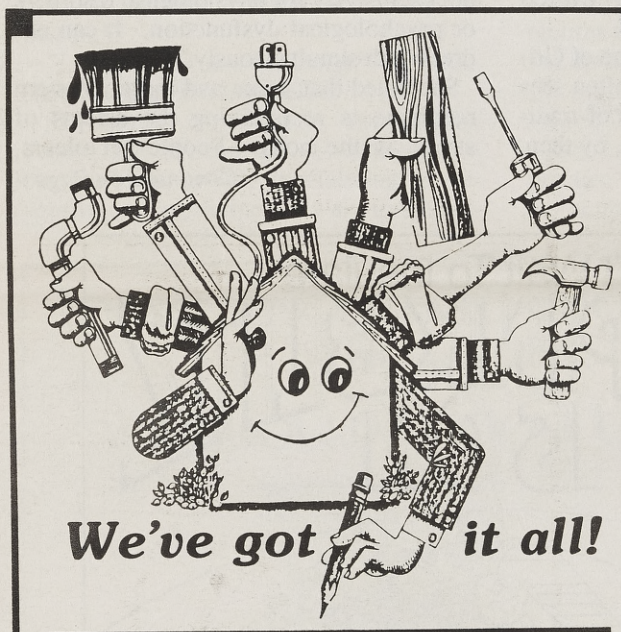

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Melanie G. Lerner, Doctor of Oriental Medicine

By Grace Darcy

How can one understand acupuncture unless one has a treatment? How can one understand what a Doctor of Oriental Medicine and acupuncturist, like Dr. Melanie Lerner, is all about unless one knows how she treats her patients? Thus, on a hot summer afternoon not long ago, I found myself on Dr. Lerner's examination table in a cool, comfortable treatment room in her office on Clock Tower Place searching for the answers to these questions. I was about to receive my first acupuncture treatment.

Relieved that I did not have to disrobe, I removed my shoes and stockings on Dr. Lerner's instruction. I candidly admit to being highly susceptible to "white coat syndrome," so that even though Dr. Lerner did not wear a white coat, I was my usual nervous wreck at being in a doctor's office.

As she proceeded, Dr. Lerner explained what she was doing. She took my pulse at both wrists and looked at my tongue; then, she inserted two needles, one in my foot, the other in my hand. I did not feel either, and probably wouldn't have known they were there except that I watched her put the needle in my hand. Then, we talked. I was comfortable and eager to learn what impelled this gentle young woman to choose so unusual a career.

She is a Diplomat of Acupuncture, a national title earned by taking a nation-wide examination. Generally, this allows an acupuncturist to practice in any state, but Dr. Lerner says each state differs. "California is the most difficult place to become licensed," she said. "Only a small percent of those who take the examination pass; it's worse than passing the California Bar Exam."

The schooling to earn her OMD and Ph.D. degree is indeed intensive. She earned her Bachelor of Arts degree from Friends World College headquartered in Manhasset, New York. However, as part of her training at Friends, she studied in Japan, Israel, Mexico, Kenya, and India as well as at Antioch College in the United States.

She earned her Master of Arts degree from Goddard College in Plainfield, Vermont, and her CA (Certified Acupuncturist) degree from the New England School of Acupuncture, Watertown, Massachusetts. She continued her studies at the California Acupuncture College, Santa Barbara, and earned her OMD and Ph.D. degrees from Samra University, Los Angeles. Samra University's course of study is specifically directed toward Oriental medicine.

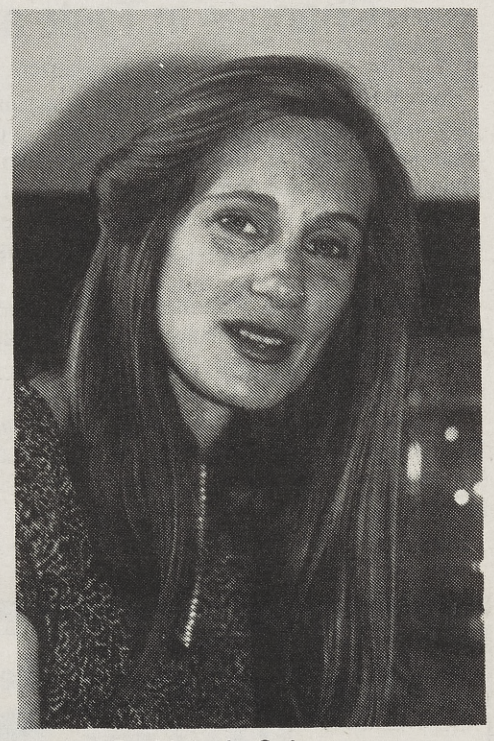
She interned in both a clinic and private practice in Santa Barbara, and in a private practice at Esalen in Big Sur.

During this time of intense study, Dr. Lerner found time to marry, have two children — a boy (now 7) and a girl (now 5) — and divorce. She opened her practice in Carmel Valley in November 1985, and it has been growing ever since.

Incidents in our lives often provide the fulcrum from which we embark on new ventures, and Melanie Lerner is no exception. While studying in Japan as part of her studies at Friends World College, she seriously injured her ankle. She was told to stay on her back but, that night, chose instead to hobble to a lecture on acupuncture. She received a treatment and was able to get up and walk away without pain.

"I was inspired," she remembered. "A friend gave me an article on the New England School of Acupuncture, the first school of acupuncture in the United States, and I opted to go there."

Because of the lack of knowledge of Oriental medicine here, Dr. Lerner often sees people after they have had years of traditional medical treatment. "Often, by then, they are withered," she said.



Dr. Melanie G. Lerner

She does not believe Oriental medicine is the only way people should be treated. "I don't by any means think acupuncture is a panacea," she said. "It's an alternative means of healing and it has its limitations like any other kind of medicine. I greatly respect Western medicine, but sometimes, when Western medicine fails, Oriental medicine can fit in its shoes."

How does it work? How are the little needles in my hand and foot going to help me feel better? "Oriental medicine, including acupuncture, addresses the body as a whole," Dr. Lerner explained. "It is not exclusively for physiological disorders or psychological dysfunction. It can address both simultaneously."

She noted that, more and more, Western medicine is recognizing the effects of stress on the body. People get ulcers,

Continued on Page 9

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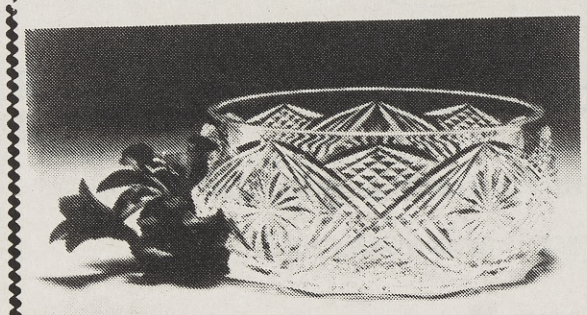

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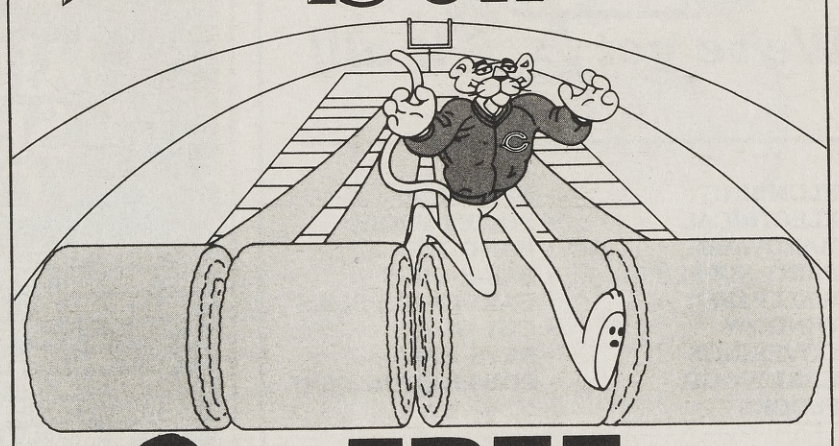

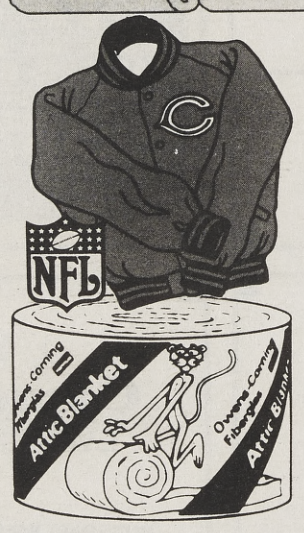

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Dr. Lerner

Continued from Page 8

headaches, and a variety of other ills because their bodies are stressed.

"If someone has an ulcer because of stress, we not only can relieve the pain of the ulcer, but also relieve the elements that contribute to it," Dr. Lerner said.

Dr. Lerner knows how to administer both Chinese and Japanese acupuncture. "The difference is that the Japanese method uses shallow insertion and very few needles, whereas the Chinese method uses more needles for more aggressive stimulation of the points," she said.

She tends toward the Japanese method. "My form of acupuncture is literally painless," she said. "When I first graduated, I practiced more traditional Chinese acupuncture. It is an excellent form, but more painful. I believe that hurting someone causes systemic vaso-constriction which translates that the body is being set up to perceive the treatment itself as a stressful condition."

"When acupuncture is painless, as more traditional Japanese acupuncture is," she continued "the body experiences it systemically as vaso-dilation, so that a state of relaxation is induced."

Her patients, she said, report two side effects of the treatment that they comment on: (1) a greater sense of relaxation, and (2) an incredibly greater amount of energy.

"When I see a patient, I don't necessarily think that acupuncture should be the treatment of choice," Dr. Lerner said. "I take as patients only those people I feel I can help. When I am not confident that I can help, I'll ask for a second opinion or suggest that the patient see a Western medical doctor. My goal is to help the person."

"I appreciate my potential," she said, "and I respect my limitations."

Dr. Lerner has, in fact, successfully treated almost every conceivable disease, but she looks toward specializing in preventive care medicine. "I want to specialize in preventive care medicine in female disorders (childbirth, PMS, etc.,), and stress management," she said. "So many people live so much of their lives suffering from inordinate amounts of stress."

How does she diagnose? "I diagnose my patients through their pulses and their tongues; their demeanor, how they carry themselves, how they talk, how they look at me; even their odor is important," she said, adding, "Every aspect of a person's bearing is important."

Dr. Lerner also looks at the hues in her patients' faces — the color around the eyes, cheekbones, mouth, forehead. "We are looking at the landscape of the individual, the whole presentation of what they are," she said. "Then, I find what might be missing or what might be excessive, and try to stabilize wherever the imbalance is."

Medicine, she said, can treat either the roots or branches of an ailment. The roots are the causes that create the symptoms; the branches are the symptoms themselves. Dr. Lerner treats the roots because, she explained, "Acupuncture is a constitutional medicine. If, for example, a patient has blurred vision, I will treat it, but I still will want to get to the root cause," she said. "I treat people; I don't treat diseases."

Dr. Lerner explained that, given a dozen asthmatics, "I might treat each one differently, depending upon their individual presentations to me. The name of the disease does not really concern me."

She refers to acupuncture as an "energetic form of medicine; success depends upon how the body's energy, called Chi, can be manipulated through needles."

Her patients range in age from three months to 96 years, and she treats her own children "when they ask." She smiles as she recalls that "they have not had one sick day."

Dr. Lerner calls her herbal medicine practice "adjunctive therapy — it supports my acupuncture practice." However, she uses it only in those instances where her patients "are not getting sufficient results from acupuncture alone." A minor portion of Dr. Lerner's patients (about 30-35 percent) are on herbal medicines.

The treatment over, Dr. Lerner gently removes the needles from my hand and foot. I am relaxed, comfortable, feeling better than when I arrived. There is a sense of well-being that is hard to define, but keenly felt. No wonder Melanie Lerner likes what she does.

"Oh, yes, I love my career," she smiles, tossing the long, red hair that frames her smiling face. "I get up in the morning, and I love going to work!"

And her patient's are grateful for Melanie Lerner's gentle expertise and caring.

Fire: Friend or Foe

Fire can cook food, warm a home, and even set a romantic mood; but fire can also destroy, maim, and kill.

In conjunction with National Fire Prevention Week, October 4 through 10, the local Safety Council offers the following fire prevention tips:

- Keep your home and buildings free from piles of newspapers, old clothing, and other easily-burned items which can feed fires.
- Do not smoke in places where there is straw, or other items that can easily catch fire, and never smoke in bed.
- Read and follow instructions for wood-burning stoves, and keep chimneys and flues clean to avoid creosote buildup.
- Place portable heaters away from combustible material and where they will not create a tripping hazard. Fill kerosene heaters outdoors.
- Store flammable liquids in well-marked safety cans.
- Install smoke detectors and fire extinguishers. Test detectors regularly and change batteries as indicated.

Outreach Directory To Be Published

A directory of the outreach programs of nonprofit organizations within Monterey county is being planned. As a comprehensive listing of the material needs, time needs, and financial needs of specific programs, the guide, called Connex, will allow individuals interested in contributing an opportunity to evaluate each program, with regard to their own capabilities, time commitments, and interests. Businesses will have information concerning the goods and services needed.

Connex, scheduled for publication by mid November, will be available at public locations throughout the county, including libraries and chambers of commerce.

A development meeting will be held on *Friday, October 2*, at 6 p.m. in the Monterey Savings Estrada Adobe in Monterey. People interested in participating in this project - from mailing and information organization to planning and distribution - are invited to attend. For further information, call Ryan Shaw 375-8999.

Preserves

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by Illia Thompson, Carmel Valley

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SCHOOL NEWS

From Carmel Middle School

Save Our Subscriptions — that is the motto of the student body and parents as we welcome in the new school year. Parents, we need you to start thinking now about all the magazines you would like to order for next year and remind your friends and neighbors to do the same. If you have subscriptions that need to be renewed in the near future, or would like new subscriptions to your favorite magazines, please save them because next month, our student body will be sponsoring a magazine subscription program under the auspices of QSP, Inc., a subsidiary of the Reader's Digest Association, Inc.

With the QSP program, 40% of the purchase price of each magazine subscription is retained by the Carmel Middle School. By renewing subscriptions to magazines you currently receive, or by purchasing a new subscription, we can earn funds necessary to improve both our curriculum and extracurricular activity programs.

An important feature of this program is that it discourages door-to-door solicitation. Each student is asked to call on members of her or his family and a limited number of acquaintances. Past experience has shown that students enjoy working for the improvement of their school and supporting their own activities.

We will soon be sending home, for your approval, a complete list of over 500 nationally known publications. We hope you will view this program favorably. Annually, thousands of dollars leave our community through traveling solicitors. This year, with your support, our student body would appreciate the opportunity to earn part of these funds.

...Sande Falahti

Padre Parent News

By Carol Spencer

At its last meeting, the Carmel High School Padre Parents Board of Directors announced that a Spaghetti Western/Fund raising event will be held at Mission Ranch on Friday, October 2. Students and parents are urged to attend.

The Board also discussed the Homecoming planned for the weekend of October 31. Deanna Prieto will coordinate the event.

Vice President Cherie Evans announced plans to have representatives from the different school clubs attend Padre Parent meetings to familiarize themselves with their activities.

The freshman orientation, a barbecue at the pool area, was held on August 27 and was the brainchild of student body President Melissa King.

For information regarding the Spaghetti Western, call 624-2269 or 624-3285.

The next meeting of the Padre Parents Board will be on Thursday, October 8 at 1 p.m. in Room 3 (the Art Room) at the High School.

Haiku

Outside my window,
Delicate white-blossomed vines
Whisper "Good Morning".
by Illia Thompson, Carmel Valley

Heart Healthy Recipe

JOE'S LASAGNA

1 pound lean ground beef or veal
¼ cup minced onion
3 cups tomato sauce
1 teaspoon basil
1 teaspoon chopped parsley
½ teaspoon oregano
¼ teaspoon garlic powder or 1 clove garlic, minced
freshly ground black pepper
1 4-ounce can chopped mushrooms or ½ cup thin-sliced fresh mushrooms
1 10-ounce package frozen spinach, chopped, thawed and well drained
8 ounces low-fat cottage cheese
4 onces skimmed milk mozzarella grated cheese
½ pound lasagna noodles (whole wheat, soy, or your favorite kind)

In medium-size, nonstick skillet, sauté ground meat and onion until onion is tender, and meat browned. Do not add fat or oil to skillet. Add tomato sauce, basil, parsley, oregano, garlic, pepper and mushrooms to ground-meat mixture. Combine well-drained spinach with cottage cheese.

Cook ½ pound noodles in boiling water until tender, and drain.

Lightly oil an 8 x 13-inch baking dish. Arrange in layers, beginning with ½ of the noodles on the bottom. Spread a layer of the spinach mixture, then the meat mixture, then some grated mozzarella cheese. Repeat layers ending with cheese on top.

Bake in 375°F oven for 15 to 20 minutes, or until hot and bubbly.

Yield: 6 servings
Approx. cal/serv.: 405

Heart Healthy Recipes are from the Third Edition of the American Heart Association Cookbook. Copyright © 1973, 1975, 1979 by the American Heart Association, Inc.

American Heart Association
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Crosswords PLUS

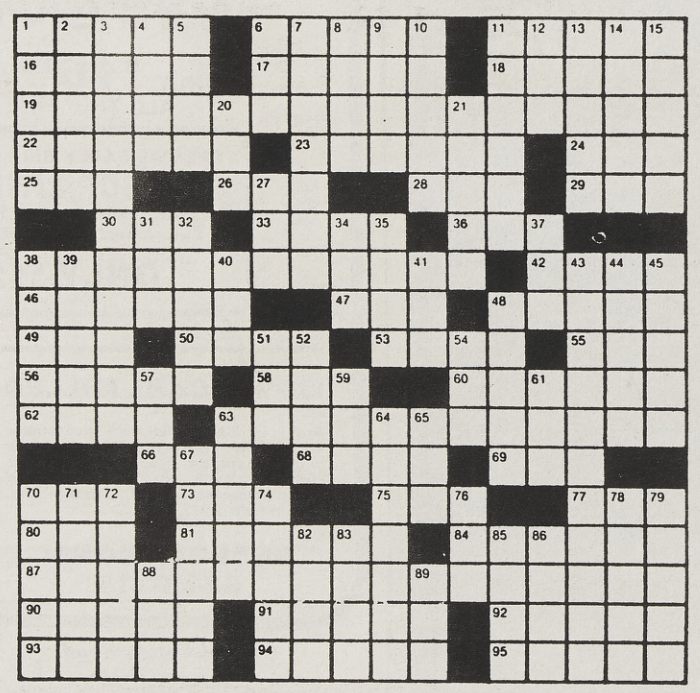
Best Friends, by Sally R. Stein

ACROSS

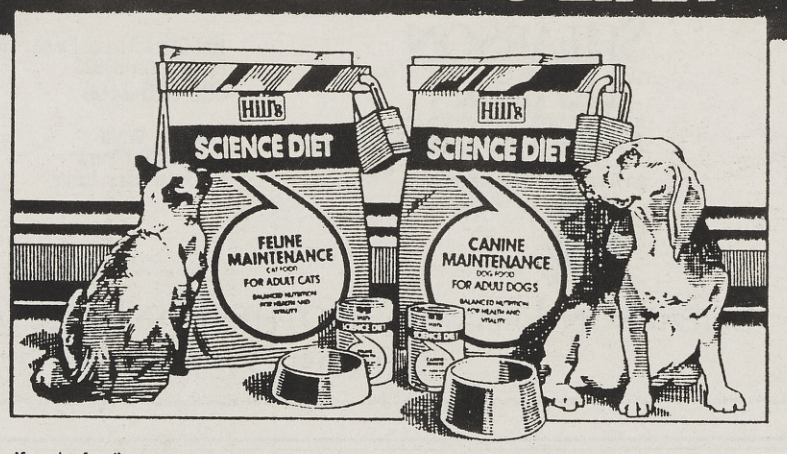
1 Must
6 Where to get weighed
11 First name in outlawdom
16 _____ Martin DB-5 (007's auto)
17 Graph line
18 Chose
19 Pop singing trio
22 Crowbars, essentially
23 Stick or split
24 Past
25 Unified
26 "What?"
28 Lyricist Harburg
29 Chess pieces
30 Casey's org.
33 Especially
36 Syllables of inquiry
38 *The Ferrari in the Bedroom* author
42 Donahue
46 By birth
47 "_____ Ruled the World"
48 Fictional minesweeper
49 Fellow
50 "The rest _____ to you"
53 Trendy food
55 College srs.' exam
56 Cultivated
58 Yucky stuff
60 Williams in the water
62 Cause to go
63 Ninnies
66 "_____ nuff!"
68 Show off one's muscles
69 Surely
70 Exemption from qualifying
73 Like Felix and Oscar
75 D.A., e.g.
77 Pretense
80 When *Saturday Night Live* ends
81 Cried out for
84 Taunt the talker
87 Turn-of-the-century uprising
90 College sister
91 Where the U.S. greets the day
92 Varietal pooches
93 Fluctuates
94 Nobel's nationality
95 Pot-bellied

DOWN

1 "Little Iodine" cartoonist
2 Unhealthily white
3 Comics' aviator
4 Hit the bottle
5 _____ about
6 Like-meaning: Abbr.
7 Get even
8 Skater's jump
9 Italian bread
10 Prose piece
11 *Dream* boat owner
12 Capable?
13 Hot air
14 Conductor Koussevitsky
15 _____ Arantes do Nascimento (Pele)
20 -like
21 Crawling with plants?
27 Benefit
31 _____ jam
32 Duke's ex
34 Phi's follower
35 Importance
37 Health hangout
38 Maggie's hubby
39 Accustom
40 "_____ a real nowhere man"
41 *Blame It On* _____
43 Blotto
44 How debits are indicated
45 Lascivious looks
48 Hardly hard
51 "Disgusting!"
52 Quick as a wink
54 "_____ shurr!"
57 Part of WPM
59 Hooter
61 Undershirt
63 Old manuscript
64 Debut of the Bowery Boys
65 A.T.&T. add-on
67 Roasts, really
70 Marvin's dog
71 Boor
72 Board of manicurists
74 Music critic Taylor
76 French refreshment
78 British blockheads
79 Keyed up
82 Take cards
83 Cleveland's lake
85 Sailor's saint
86 Steak or soda
88 Half a boner
89 Honey handler



HAVE YOU LOCKED GOOD NUTRITION OUT OF YOUR PET'S LIFE?



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New Traffic Policy

Continued from Front Page

are at LOS C or below unless and until an EIR is prepared which includes mitigation measures necessary to raise the LOS to an acceptable level and appropriate findings as permitted by law are made. To defer approval if there is a significant impact means that, at a minimum, the County will not approve discretionary development without such an EIR where the traffic created by the development would impact the level of service along any segment of Carmel Valley Road...to the point where the level of service would fall to the next lower level. As for those road segments which are at LOS C, D, and E, this would, at a minimum, occur when the LOS would fall to the next lower LOS. For LOS F, this would occur when it would cause a significant impact and worsening of traffic conditions as compared with the present condition. Specific findings will be made with each project and may depend on the type and location of any proposed development. Cumulative traffic impacts from development areas outside the Carmel Valley Master Plan area must be considered and will cause the same result as development within the plan area."

Discretionary development is defined in a way that excludes construction on lots of record from any moratorium that may be imposed as a result of traffic constraints.

At the September 9 Planning Commission hearing, Marit Evans, commissioner from Toro Park, observed that "those of us who live in high growth areas are jealous of Carmel Valley for having these triggers in its plan." But many questions have been raised about the traffic trigger as currently proposed.

News Analysis

The following paragraphs are analytical comments based on previous court proceedings, the September 9 public hearing, and discussion with county staff and interested members of the community.

A traffic trigger is a new concept, not previously used in Monterey County. There is a great deal of uncertainty, and it is a difficult route from the concept of a traffic trigger, which is widely supported, to development of a practical policy for implementing it.

Our problem is that the concept of taking action when LOS changes to the next lower level is a very gross standard. The chart shows, for example, that the stretch of Carmel Valley Road between San Carlos Road and Schulte Road is already at LOS E. This is not good, but traffic can still increase by 71 percent before it would deteriorate enough to reach LOS F and trigger action under the proposed policy.

Compare this with the stretch between Laureles Grade and Ford Road, where traffic is now at LOS D. This is better than LOS E. Only a 15 percent drop would cause it to drop to LOS E. This would trigger action even though conditions would still not be as bad as those that exist between San Carlos and Schulte, where traffic can increase by 71% before action is required. Is this reasonable?

The chart shows that Carmel Valley Road between Schulte Road and Robinson Canyon is right at the threshold of changing from LOS D to LOS E. This was in early 1986, which is the base line for measuring changes in LOS under the Master Plan. By now, it may have passed the threshold value of 11,000 ADT. If this is confirmed in the next traffic count, it will trigger action under the proposed policy.

But what action will be taken, and what areas will it affect? Consider first the areas affected.

All development in the Carmel Valley planning area east of Schulte Road would clearly be affected, as development in this area would add to traffic on this stretch of the Valley Road. But what about Cachagua, which is a separate planning area not controlled by the terms of the Carmel Valley Master Plan? And what about development west of Schulte Road, which may also add to traffic along this segment?

What action will be taken is also unclear. The proposed county policy requires only that discretionary development approvals be deferred until an EIR is prepared on mitigation measures that would raise the LOS to an acceptable level.

In response to a question from Robert Greenwood, representing CVPOA at the September 8 hearing, County Counsel Jose Ramos confirmed that the road improvements do not necessarily have to be made before the development is approved. It is sufficient to complete an EIR and make appropriate findings.

This seems consistent with one part of Judge Silver's order that says "no development can be approved until an EIR is prepared on necessary mitigation measures and appropriate findings are made." Another part of the same order states that "development must stop (including Lots of Record) when and if that development would significantly impact LOS."

Whether road improvements must be in place, or simply analyzed in an EIR, raises the question of how these road improvements will be paid for. If funds for road improvements are not available, the EIR is of no consequence. Under what circumstances could the county make findings hat would permit continued development even without road improvements? On behalf of CVPOA, Greenwood has asked the county to close this loophole.

In separate action, the county is in process of amending the subdivision ordinance to include the collection of road impact fees. These fees may be quite large, but they are small when compared with the cost of road improvements.

For the Monterra subdivision, the road impact fee will be $7,800 per house. This will raise over $2 million, but the estimated cost of needed road improvements on Highway 68 is $68 million.

With development in Carmel Valley limited by the Master Plan, the amount of road impact fees that can be collected will be quite limited. Planning Commissioner Evans is concerned about creating incentives to justify development by the need to collect fees for road improvements.

Realistically, it seems likely that funds for many improvements will never be available. It also seems unlikely that four-laning Carmel Valley Road from Laureles Grade to the Village would ever be acceptable to the public. This raises the question of whether the county is obligated to look ahead and take action to prevent the need for such road work from ever arising.

One problem that has been cited with the proposed trigger mechanism is that it does not look ahead to project road capacity needs into the future. The proposed procedures do not even look ahead enough to set aside road capacity for lots of record.

Lynne Mounday, county planner responsible for Carmel Valley, justifies this by saying, "if we could look ahead, we wouldn't need a trigger. We can't take someone to court to prevent development on the basis of projections."

Robert Greenwood points out that after the trigger mechanism demonstrates a need for road improvement, it can easily be five to ten years — if ever — until funds can be obtained to do the work. Traffic will continue to worsen during this period.

Greenwood believes the county planning process underestimates the future increases in traffic. In a letter to the Planning Commission on behalf of CVPOA, Greenwood noted that traffic increases come from three sources: new development in Carmel Valley under the Master Plan; growth in areas outside the Master Plan area, such as Cachagua; and intensification of use (such as illegal rentals) within the Master Plan area.

Ron Lundquist, highway planner for the Public Works Department, told the *Sun* that traffic has been growing county-wide at a rate of two to three percent per year. Traffic on Carmel Valley Road follows this county-wide patter, despite a long-standing moratorium on new subdivision.

Lundquist is aware that Valley residents perceive a major increase in traffic on Carmel Valley Road since the early 1980's. Statistically, the county has not been able to identify such a significant increase, according to Lundquist.

A final issue is what is meant by the term "significant impact" as used in the proposed policy. For road segments at LOS C, D or E, significant impact is defined as being, at a minimum, when LOS would fall to the next lower level. This seems clear enough, but in practice it leaves important questions unanswered. Consider a not-so-hypothetical example.

The segment between Schulte Road and Robinson Canyon is now at the threshold of dropping to LOS E. Development already approved for Carmel Valley Ranch, but not yet built, would push traffic here over the threshold. Now, imagine that the county receives a request to create one new residential lot. It this a significant impact that requires disapproval? Where does one draw the line on the cumulative impacts of a series of small development proposals when using a measurement standard that is as crude and difficult to measure as LOS?

Robert Greenwood assisted with the research for this article.

Holiday

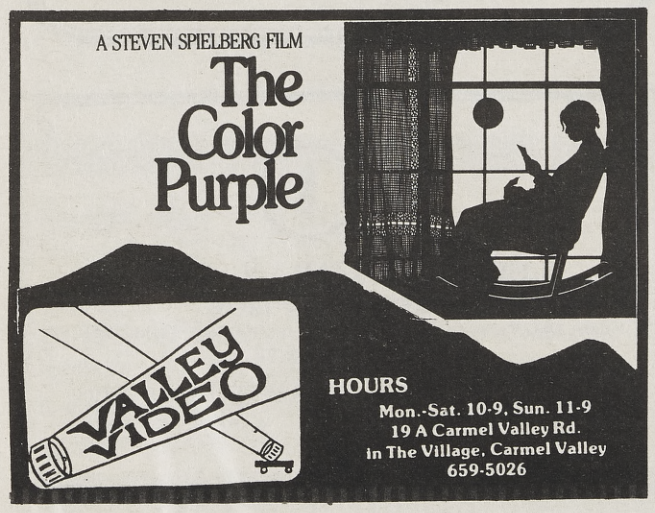
Smooth sea-washed
pastel colored shells,
An arc defining
Gentle waves.

by Illia Thompson, Carmel Valley

THINK RENEWAL
Carmel Middle School

October 15 — 26
40% of subscription moneys returned to Carmel Middle School
Details in next issue of *Sun*

for your Renewals and New Subscriptions
MAGAZINE DRIVE



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PEOPLE ARE READING

News from the Carmel Valley Library

FICTION

What Bloody Man Is That?...Simon Brett
Major Andre...Anthony Bailey
Slam The Big Door...John D. MacDonald
The Color Of Blood...Brian Moore
To The Sargasso Sea...William McPherson
The Greek Generals Talk (the Trojan War)...Phillip Parotti
Murder At The Murder At The Mimosa Inn...Joan Hess
Portrait In Shadows...John Wainwright
Dancing At The Rascal Fair...Ivan Doig
Storming Heaven...Denise Giardina
The Sugar Factory...Robert Carter
Savages...Shirley Conran
Appetites...Tom Murphy
Touch...Elmore Leonard
Tales From The Witch World...Andre Norton

NON-FICTION

*Cultural Literacy**...E.D. Hirsch, Jr.
*Man Of The House**...Tip O'Neill
Bernstein, A Biography...Joan Peyser
The Making Of McPaper...Peter Prichard
Taking Darwin Seriously...Michael Ruse
Child Custody: A Complete Guide For Concerned Mothers...Marianne Takas
The Russian Album...Michael Ignatieff
Migraine, The Drug-Free Solution...John Mansfield
Knights Of The Black Cross ... Bryan Perrett
I Love You, Let's Work It Out...David Viscott, MD
*Family**...Erma Bombeck
Levine & Co...Douglas Frantz
The Making Of "The African Queen", Or How I Went To Africa With---...Katharine Hepburn

*On the Best Seller List

Annual Poker Ride — Trail & Saddle Club

Monterey Vaqueros Corral #85 is sponsoring a Poker Ride Camp out on Saturday October 3 and/or a Ride only on Sunday, October 4 at the Carmel Valley Trail and Saddle Club. The Poker Ride will take riders into Garland Park, using a map and at their own speed.

A barbeque will follow the Poker Ride on Sunday. Interested parties are invited to come for the Camp out or just for the ride and barbeque on Sunday.

The Ride, BBQ and Poker Hand are $10; Jr $7.50. Poker Hand Only $3 ea (some like extra hands,) BBQ only, $6.50 ea, overnight camping, $5 per vehicle.

Added to this year's enjoyment will be J. Mike Noonan and Cimmaron Country Western Music.

Entry forms may be picked up at local western and tack and feed stores. For information or reservations, call 624-3297 or 663-3826 evenings.

Advertising Club of Monterey Peninsula
October 1, 11:30 a.m. Sharp
San Carlos Room 1 &2, Sheraton
Lunch free to members, $15 for guests
Speaker: comedian and author,
Larry Wilde
"Up to Your Eyeballs in Alligators"
RSVP 649-0969

Report From China

Local Swimmers Win Gold Medals in China

A team of 80 swimmers along with 40 parents and coaches from the central coast experienced ten days of life in the Orient. The journey to Hong Kong for the International invitational age group championships on August 29 and 30 was preceded by sights and events that the swimmers (ages 8 to 21) and adults will never forget.

From Hong Kong, a steaming city of 6 million, to Macau, the gateway to mainland China; into southern China, a lush farming country, with water buffalo, duck farms, small villages and market places where the stench would turn the stomach, to cultural and historical sites. Hydrofoil, ferries, taxis, double deck buses, sampans, trams, all were experienced. Shopping and bargaining were highlights as were disco dancing at night for the older swimmers and exploring the back streets and alleys of Hong Kong for better bargains for the adults.

The meet was held at Morrison Hill a 50 meter pool, indoor complex with indoor and outdoor warm-up pools, Seiko electronic timing and capacity crowds. The opening ceremony was a sight to remember — bands playing, teams dressed in their respective warm-up outfits parading behind their countries banners. There were teams from New Zealand, Thailand, Philippines, 17 teams from Hong Kong and surrounding territories, and a team from Boston representing the east coast.

Closing ceremonies and an awards banquet were held the evening of the final day of competition at one of the largest sport complexes in all of Hong Kong. Our central coast team placed third overall.

Faced with limited practice times and dietary problems associated with foreign travel (some swimmers were very weak and others lost weight) the team, swimming on reserve energy, gave 110 percent and can be very proud of their performance.

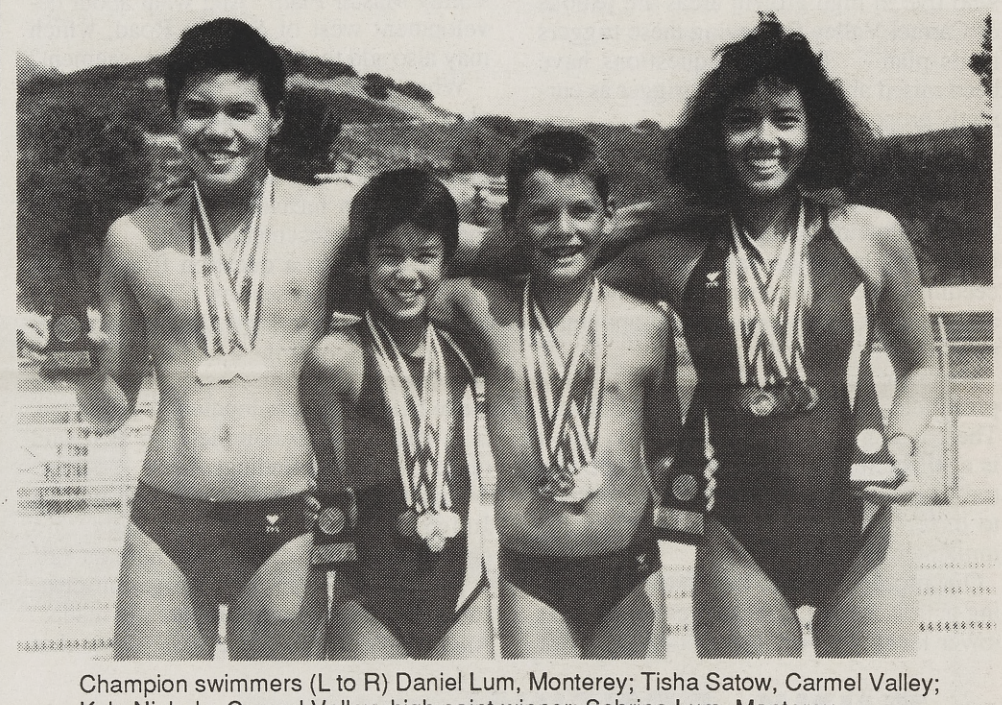
Individual results for local swimmers from Carmel Valley are as follows:

Boys 10/under
Kyle Nichols, High Point winner
Gold Medal 50M Free 30.98 NRT*
Gold Medal 50M Breast 40.71 NRT
Gold Medal 50M Back 37.98 PRT*
Silver Medal 100M Free 1:10.05 PRT
Silver Medal 200M Free Relay 2:10.36
Silver Medal 200M Med Relay 2:27.27
Bronze Medal 200M IM 2:55.40 PRT

Girls 10/under
Tisha Satow, Runner-up High point
Silver Medal 50M Free 31.66 PRT
Silver Medal 50M Fly 34.89 PRT
Silver Medal 50M Back 37.76 PRT
Silver Medal 200M IM 2:59.23 PRT
Bronze Medal 100M Free 1:10.70 PRT
Bronze Medal 200M Free Relay 2:06.00

Two Monterey youngsters, **Daniel Lum** and **Sabrina Lum,** also won a number of medals in the 15-17 year old Boys and Girls competitions.

* NRT - National Reportable Time
* PRT - Pacific Reportable Time

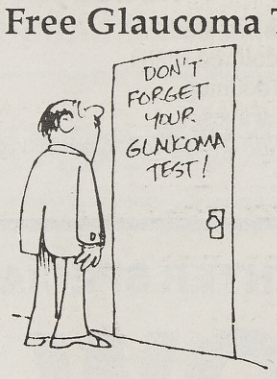


Champion swimmers (L to R) Daniel Lum, Monterey; Tisha Satow, Carmel Valley; Kyle Nichols, Carmel Valley, high point winner; Sabrina Lum, Monterey.

Reading Tutors Needed

Help combat illiteracy by becoming a volunteer tutor for the Salinas Adult Reading Program. Attend a free training workshop, on Saturday, October 10, from 10 a.m. to 1 p.m. at Santa Lucia Library, 615 Williams Rd., Salinas. To register and for more information, call the library or Pat Jones, 758-7340.

Free Glaucoma Testing with Eye Examination



Glaucoma is an eye disease in which excess fluid builds up inside the eye and causes pressure that can permanently damage the eye. Regular yearly check-ups are strongly recommended.

During the month of October, our office is offering free glaucoma testing ($10 value) with all eye examinations with this card. Please call for an appointment and protect your valuable eyesight!

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FINANCIAL FOCUS

Courtesy Joyce E. Ward, Financial Consultant, Shearson Lehman Brothers

Leveraging Your Assets Through Judicious Borrowing

Handled properly, credit is a powerful financial tool. Its most obvious function is to help buy the "big things" that you normally can't afford to pay for in cash,, such as a home, a car, a boat or a college education. But credit can also be used to boost the value of your investments by providing what's known as leverage. Leverage is the ability to multiply your profits by investing not only your funds but also borrowed money.

Whether you borrow to finance major purchases or to leverage your investments, it's important to know what sources of credit are available to you and to understand how they work. With that knowledge you'll be able to obtain credit more quickly and at the most competitive rates.

Most people immediately think of their bank as a source of funds when they need credit. What they may not know is that in recent years many full-service brokerage firms have developed comprehensive lending programs, which offer investors attractive, competitive alternatives to bank loans.

One of the lowest-cost and fastest ways to borrow is to use your investments as collateral. Margin loans, as they are known, are usually thought of as a way to leverage investments, but they can also be used for any business or personal purpose. These loans are totally flexible, and the interest rate you pay is quite low because they are secured by your stocks, equity mutual funds, and bonds. Typically, it's the "broker's call" rate (historically lower than the prime rate), plus 0.75% to 2.25%, depending on the size of your loan. An added bonus: If margin credit is used to buy more securities, the interest paid may be tax deductible.

Some brokerage firms may provide you with even more borrowing power secured by your investments. For example, Shearson Lehman Brothers offers both traditional margin loans and a personal reserve loan which permits larger borrowings and a wider range of securities as collateral. This new type of margin loan, however, cannot be used to buy more securities.

Margin loans, of course, are not for everyone. For one thing, they are payable on demand. For another, if the market value of your securities declines, you may have to put up more cash or securities to maintain the required minimum loan balance.

You can also borrow money using your home as collateral. Mortgages and home equity loans are particularly attractive forms of credit these days, because the interest on them is still tax-deductible, up to certain limits.

Many brokerage firms are now active in residential lending, too, especially in home equity lending. This type of loan is a line of credit that you may draw down whenever and in whatever amount you wish, up to your approved limit. As such, it is more flexible than a mortgage, which requires you to make monthly principal and interest payments on the entire amount.

You probably have another valuable asset you may never thought of as a source of credit — your life insurance policy. You can borrow against any policy you own that has accumulated cash value, according to the terms of that policy. In the current investment and tax environment, perhaps the most attractive type of insurance from a borrowing standpoint is single-premium life (SPL). With most SPL policies you can generate tax-free cash flow by borrowing against earnings at no interest, and principal at low interest usually 2% to 3.5%. Today you can buy such life insurance at many brokerage firms.

Your Financial Consultant can tell you more about the range of credit resources available to you at your brokerage firm. You can then determine how to integrate prudent borrowing into your overall financial strategy.

Our Friends, The Animals: Legislation

from Gwen May, President, Animal Welfare Information and Assistance

Thanks to all *Sun* readers for your response to our first column (September 2). It's rewarding to be read and when you take your time to ask us questions we know you care about what you've read. Today's column will answer questions and give you an animal legislation update.

First question: if 50 animal bills were introduced this year, what was the total number of bills brought before the California Legislature. Answer: 4,712. The Assembly authored 2,970; the Senate 1,842. To have 50 animal bills shows that Californians are aware, in one way or another, of the effect animals have on our lives, including the environment.

Second question: How does animal legislation get started? What motivates an Assemblyman or Senator to introduce an animal bill? Answer: We do. You and I. I know this for a fact because when Senator Henry Mello was an Assemblyman in 1977, I came to him with a problem of cruelty to California mountain lions who were being confined by short chains, or in closets, bathtubs, garages. One I saw was confined in a canine airline carrier. This young cougar couldn't stand, turn around or hold his head upright while sitting on his haunches. He was to be used for breeding purposes. Henry authored AB 2840 making it unlawful for individuals to possess exotic cats and regulating care and space requirements for those permitted to have the big cats such as zoos and circuses. At that time, it cost around $600 or $700 to introduce a bill (printing expenses, etc.) A recent check with Assemblyman Sam Farr's office updates this amount to approximately $3,800 to introduce a bill today.

Speaking of Assemblyman Sam Farr, his bill, AB 2442, prohibiting the use of gill and trammel nets, and the firing of guns around the new sea otter colony at San Nicolas Island has been signed into law by the governor. $3,800 is a small price to pay to ensure the lives of thousands of sea creatures and sea birds who will now continue to enrich our coastal area, and to give the otter colonists sent out from Monterey County a better chance to adjust to their new home.

Assemblyman Philip Isenberg's magna charta for rental stable horses, AB 1560, preventing abusive treatment of horses at rental stables was still on the governor's desk awaiting his signature when this column had to meet its deadline. We'll keep you posted.

SPCA Needs Your Newspapers

The Monterey County SPCA is in need of discarded magazines and newspapers for use by the animals in the shelter. "We use the paper to line the cages of the kittens and cats," said Jim Bennett, Manager of Community Relations. Individuals may deliver their newspapers to the SPCA Animal Shelter.

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REAL ESTATE REPORT

Valley Housing Is Now As Expensive As Carmel

It is no surprise that housing costs in Carmel Valley have been going up, but it is news that housing in our Valley has now become as expensive as in Carmel. During 1983 and 1984, the median cost of a home in Carmel was consistently about 15 percent higher than in Carmel Valley. Starting in January 1985, this gap has gradually disappeared.

The median sale price in Carmel Valley during July was $253,300 as compared with $249,000 in Carmel. In August it was $264,000 versus $259,000 for Carmel. The exact figures vary from month to month, but on balance during 1987, the two areas have been equally expensive.

Statistics on recording of home sales and median price in Monterey County are prepared by Bill Cardoza, business director of Old California Title Company.

It is interesting to compare the median price in the Valley with prices elsewhere. During July 1987, the median sales price on the Monterey Peninsula as a whole was $191,875; for Monterey County, $184,666; for California, $159,000, and for the entire United States, $119,000.

The most expensive housing on the Peninsula is Pebble Beach, where the median sale in August was $295,000. Pebble Beach has been bucking the trend, however, with prices declining steadily for the past four years. It is the only location in this area where that has happened.

In January 1983, the median sale in Pebble Beach was about $365,000. By January 1986, it was about $300,000, compared with the current $295,000.

Since January 1986, Carmel Valley and North County housing has been increasing in price faster than other areas. Since January of this year, Marina and Seaside have increased their rate of appreciation.

Seaside, Marina and Salinas still offer the best prospects for people seeking less expensive housing. For August, the median in Seaside was $109,500; for Marina, $136,500; and Salinas, $129,500.

The pace of home sales has been slower this year than last. Through August 1987, 3,404 home sales were recorded in Monterey County, compared with 3,691 during the same period last year.

Funds Available for Emergency Shelter

The Monterey County Department of Social Services announces the availability of funds for the provision of emergency shelter services to the homeless. Services to be provided must be located on the Monterey Peninsula.

A total of $25,000 will be allocated by the County and administered by the Office for Community Services and Children's Services. The contract period is from November 1, 1987 to October 21, 1988.

For information, please call Sylvia Flores-Grattan at 754-2212.

Mortgage Interest Rates

Lender	30 Yr. Fixed Rate Loan Int.	Pts.	Adjustable Rate Loan Int.	Pts.
American S & L	11.000	2.00	7.750	1.50
Bank of America	11.250	2.00	7.500	1.50
Calif. First Bank	10.875	2.00	7.875	2.00
Eureka Federal S & L	11.250	2.00	7.500	1.50
Fremont Bank	11.000	2.50	7.625	1.00
Great American Ist S&L	11.125	2.00	7.250	1.00
Home Federal S & L	11.000	2.00	7.500	1.50
Household Bank	11.000	2.00	7.250	1.50
Monterey S & L	11.385	2.00	7.750	1.50
SF Federal S & L	11.500	2.00	7.750	1.50
World S & L	11.375	2.00	7.500	1.50
Security Pacific	11.000	2.00	7.950	1.50
Coast County Mortgage	10.750	2.00	7.250	2.00
Del Monte Mortgage	10.875	2.00	8.375	2.25
Monterey Coast Mortgage	10.850	2.00	7.875	2.00
Pacific Inland Financial	11.000	2.00	7.250	2.00

This table is a representative sampling of local mortgage loan interest rates for owner-occupied residences. Many other lenders offer similar loans.

Rates were in effect on the Friday prior to publication. Rates are subject to change. There is no guarantee of loan availability with any particular lender.

Interest rate and points are not the only factors to consider when comparing mortgage terms. You may also wish to determine maximum loan amount, minimum percentage down payment, processing time and fees.

Adjustable rate mortgages (ARMs) have rates that change according to the cost of money in the money market. The ARM rate cited here is the "going in" rate designed to attract buyers who otherwise might not qualify. To compare ARMs, you will need to determine the time of the first adjustment, frequency of subsequent adjustments, maximum annual increase, maximum allowable rate, the money market index used as basis for the adjustment, and the "spread" between this index and the adjusted interest rate.

H	A	S	T	O	■	S	C	A	L	E	■	J	E	S	S	E
A	S	T	O	N	■	Y	A	X	I	S	■	O	P	T	E	D
T	H	E	P	O	I	N	T	E	R	S	I	S	T	E	R	S
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■	■	C	I	A	■	S	U	C	H	■	E	H	S	■	■	■
J	E	A	N	S	H	E	P	H	E	R	D	■	P	H	I	L
I	N	N	A	T	E	■	■	I	F	I	■	C	A	I	N	E
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B	Y	E	■	O	D	D	■	■	A	T	T	■	■	A	C	T
I	A	M	■	N	E	E	D	E	D	■	H	E	C	K	L	E
T	H	E	B	O	X	E	R	R	E	B	E	L	L	I	O	N
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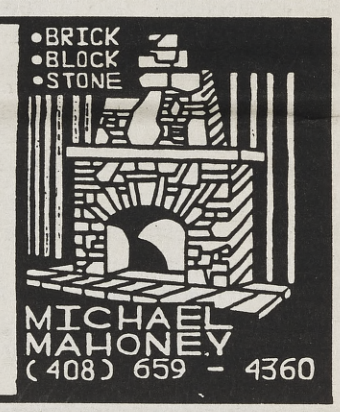

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New Owners of Oak Deli

Continued from Front Page

enormous Staghorn Ferns and is a "Trivial Pursuit" buff with few peers.

Sandra Kasky is the Director of Catering at The Lodge in Pebble Beach. She has been there for the past year and a half, and formerly was with the Sheraton. Her present work includes catering at the Lodge's many tournaments, the Concours d'Elegance, for visiting dignitaries, etc.

"The King and Queen of Spain are scheduled to visit in October," Sandra said," and it is my responsibility not only to see to their food needs, but also to lay out plans for Secret Service people, etc."

The Kaskys plan very few changes for Oak Deli. "This is a healthy, ongoing business," Jon said, "and we want to keep all that is good about it and make small improvements as we go along."

Oak Deli's new owners have not raised prices, and they will continue to make all items from "scratch." "Everything here is 100% homemade," Jon said proudly.

"The deli's big strength is our superb bakery," Jon said. "We make baked items the way people would make them at home if they had the time."

Jon's specialty is a cheesecake he "invented" while working at Almaden. "I developed it to complement their late harvest wine," he said, "and the cheesecake contains that same wine."

To prepare this yummy cheesecake, Jon reduces an entire bottle of quality wine down to a quarter of a cup, which he then uses in the cake. "When you have a glass of the same wine with the cheesecake, it's a marriage made in heaven," Jon said. The rest of the ingredients remain Jon's secret.

Jon's Almaden experience and Sandra's catering work have made them wine connoisseurs. They presently are developing "best buy" wines. "These are wines that retail for under $10 and are very good," he explained. "We feature these wines, especially the local ones. We sell wines from Monterey Vineyards, Durney Vineyards, a fine Merlot from San Lucas Ranch, Monterey Peninsula Winery, Talbott Winery, and a good Monterey Reisling from Jeckyl."

They will soon have their own house wine which they will call Bird of Paradise after Jon's favorite flower. The wine will be a Monterey Chardonnay from Colera Wine Company. "We'll bring it in at about $7 per bottle," Jon said. "We want to have a good selection of Chardonnays for under $10 per bottle."

Jon sees viticulture as a "very benign form of agriculture," and feels optimistic about Monterey's burgeoning impact on the wine industry.

Jon and Sandra Kasky will add catering to the services offered by Oak Deli and Bakery. "The previous owners didn't do much catering, although they prepared nice trays," Jon said. "What with my background as a chef and Sandra's background as a caterer, it is a natural addition to the delicatessen business."

As with their house wine, they will name their catering business Bird of Paradise.

Sanda has no plans to leave The Lodge to work at the deli. "I love my job, and I don't want to leave it," she said. "I plan to stay for a few years and, in the meantime, I am part of the catering business."

The Kasky's have made only a few physical changes to the deli. "We've put in a new floor and removed th plumbing that has been here since the time this was a laundry," Jon said.

Oak Deli and Bakery employs about a dozen people. "We're something of a local employer," Jon said. "We help high school kids because this is a very nice after school job for them. We have a number of honor students who will go on, but this kind of work is always a good second job for kids who are putting themselves through school."

Sandra and Jon are complimentary to their staff. They are pleased that pastry artist Bette Burch chose to remain with them. "Bette is our night baker," Jon explained. "She comes to the deli in the wee hours and bakes up a storm. We are so fortunate that she stayed with us."

A newcomer to the business is Kim Schenk, the pastry chef, who was in Jon's class at the California Culinary Academy and, like him, graduated with honors. "Kim does incredible wedding cakes," Jon said. "She did our wedding cake, and it just disappeared; not a bite left."

The former owners also baked wedding cakes, Jon said, "but now, we'll be able to do the entire wedding!" The couple is delighted that they have their first catering event — a wedding — in October.

Married for two years, Sandra and Jon talk of the unusual way they met. "Jon lived in the middle of a 200 acre vineyard on the Almaden property," Sandra recalled, "and I was working for Sheraton then. I was doing a wine list for Sheraton, and Almaden flew me in a helicopter to the vineyard for a wine tasting. I met Jon there."

"I called her the next day," Jon said, "and we found we had attended the same school in Seattle. From then on, we knew we were meant to be together."

They also shared a terrifying experience that has led to spiritual insight and a deep feeling of mission. "We were in a helicopter that hit some wires," Jon said. "Just last week, I read that a helicopter hit some wires and went down. All on board were killed."

"The pilot we had was outstanding," Sandra said, "and we were fine, but the experience left us with the feeling that we have something important to do."

Local residents have responded warmly to Sandra and Jon. "Everyone has welcomed us so nicely," Jon said. "We are very excited and enthusiastic about being here. We've always dreamed of having our own catering business, and the deli's the perfect place from which to operate. We're really delighted to be a part of Carmel Valley, and we intend to provide our customers with the finest food and service there is."

"Low Fat Cooking" Lecture
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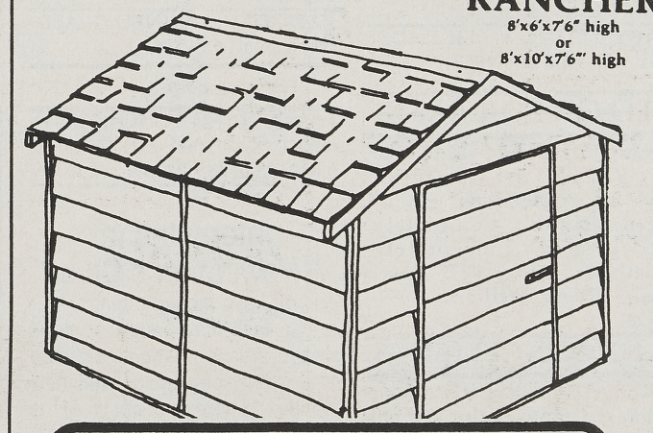

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OCTOBER SPECIALS

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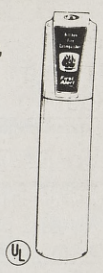
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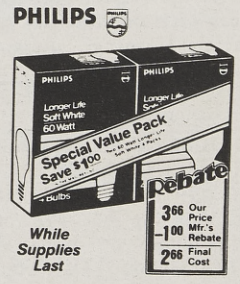
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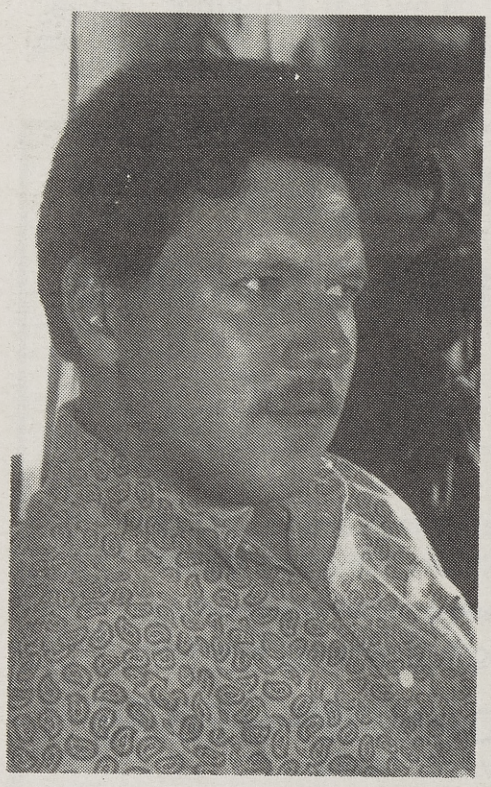
659-2291

VALLEY VOICES

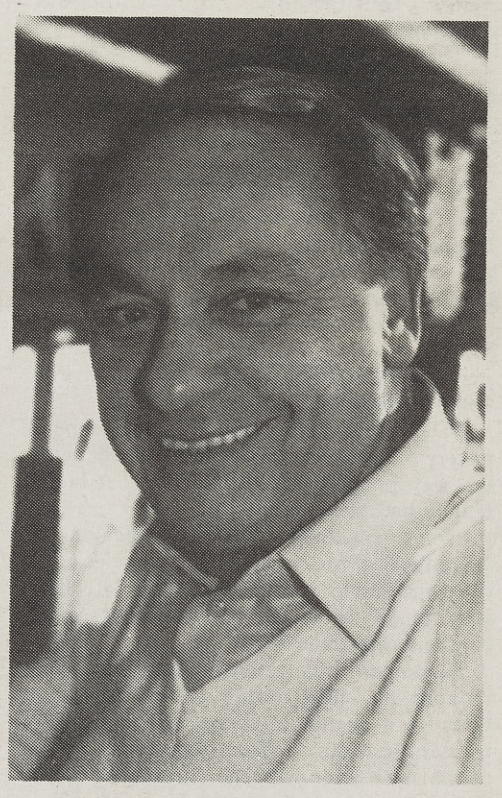
Do you favor the Hatton Canyon Freeway?



GLEN GURRIES,
Robles Del Rio Lodge
Yes. Fifty percent of the traffic at the mouth of the valley goes into Carmel; 25% comes into Carmel Valley, and the other 25% goes down Highway #1. With the Hatton Canyon Freeway, there will be a local road for Carmel Valley residents. I think we have to have the freeway.

LYNDA CONLAN,
Carmel Valley Electric
I favor it as quickly as possible. The longer they wait, the more cars there'll be. The only thing the traffic jam has done is to teach people to be polite — or rude — as the case may be.

DONNA MCALLISTER,
Maison Val Du Soleil
I'm against it. If people want a freeway, they need to move to San Jose or Los Angeles. Carmel Valley is so special because it is small and beautiful. Let's keep the Valley special by NOT having a freeway.



NICK LOMBARDO,
Rancho Canada
Yes. The Hatton Canyon plan line went into effect in 1947. CalTrans has owned the land since 1957. Opposition to the Hatton Canyon Freeway was based upon restricting growth in Carmel Valley. Forty years later, Carmel Valley has grown four-fold, but its residents have not had the advantage of proper and safe entry to and exit from their community.

TRADING POST

Deadline for Next Issue: October 6, Ads and Copy. No exceptions please!

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